

Avascular necrosis of the maxilla after orthognathic surgery, a devastating complication? A systematic review of reported cases and clinical considerations

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Summary

Purpose: The purpose of this study was to collect and present all the available evidence regarding avascular maxillary necrosis following maxillary osteotomy for orthognathic surgery. **Methods:** We performed a systematic review of MEDLINE (via PubMed), Scopus and Cochrane Library dataset in accordance with the PRISMA guideline. We included studies that report on avascular maxillary necrosis after any maxillary osteotomy used in the frame of orthognathic surgery. **Results:** Sixteen studies reporting a total of 65 patients with postoperative avascular maxillary necrosis were included. Those reported avascular necrosis in 32 female patients and 19 male patients. Multisegmented Le Fort I osteotomy was the most common type of related operation amongst the patients followed by single segment Le Fort I osteotomy. **Conclusions:** Although avascular maxillary necrosis is a very rare complication after maxillary orthognathic surgery it can be complicated with partial / complete loss of the maxilla. A personalized selection of the surgical technique should be made for any patient. Caution is warranted in cleft patients and in patients undergoing multisegmented Le Fort I osteotomies, so that the vitality of the maxilla and especially its anterior part is preserved. In the case when avascular necrosis arises, management should be immediate and precise. As for the reconstruction, it needs to be tailored according to the maxillary defect.

Key words

orthognathic – avascular necrosis – maxilla – Le Fort

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Introduction

The need for treating discrepancies of the facial skeleton led to the development of orthognathic surgery, which has evolved to be a core, integral part of oral and maxillofacial surgery specialty [1–4]. Since the very first osteotomy performed to correct dentofacial discrepancies in 1927 by Herman Wassmund, the Le Fort I osteotomy has been used to treat any kind of midfacial deformities while at the same time provide a high

level of patient satisfaction [2,5–7]. The first report of maxillary segmenta-tion comes few years later, when Ax-hausen segmentized the maxilla to correct open bite discrepancy secondary to maxillary fractures in 1934 [8,9]. Since the mid-twentieth century, when orthognathic surgery became popular in Europe, Le Fort I osteotomy has been regularly used. It constitutes a very versatile procedure, which can separate the maxilla into one or more segments

and manipulate its position in three axes [8,9].

Despite the progress in understanding maxillary mechanics and biology, Le Fort I osteotomy is still a procedure associated with complications in around 6% of the patients [2,5–7]. Among them, avascular maxillary necrosis (AMN) is a very rare entity, that ranges from minor soft tissue damage, to complete loss of the maxilla, which is devastating [5,10]. Clinical and laboratory studies have

highlighted many local and systematic factors that predispose to maxillary hypoperfusion. These are related to cleft lip and palate, previous palatal surgery, segmentation of the maxilla and anatomical variations [11–14]. Cadaveric studies have also mapped maxillary vascular variations and suggest, they could have a possible impact in the perfusion of the Le Fort I segment [11]. Regarding the surgical technique, management of the descending palatine artery (DPA) is also a field of big controversy among authors [11,15–17]. Despite its contribution to the perfusion of the osteotomized segment, the ligation of the DPA is often performed, as it facilitates the procedure technically and reduces the risk of postoperative bleeding [10,15].

To our knowledge this is the first systematic review to summarize reported cases of AMN following maxillary osteotomy. Given the fact that there is not a typical pattern regarding post orthognathic AMN, our goal was to analyze the factors that led to this dreadful complication.

Materials and methods

Protocol and registration

This study was designed and conducted in accordance with the Preferred reporting items for systematic reviews and meta-analyses (PRISMA) guideline [18]. The research protocol was registered in the international PROSPERO under reference number CRD42023397723.

Eligibility criteria

We included case reports or case series that met the following criteria: (i) cases with secondary avascular maxillary necrosis; (ii) following maxillary osteotomy in the frame of orthognathic surgery; (iii) without any other possible explanation of this complication. As avascular maxillary necrosis we defined all reported ischemic complications that ranged from soft tissue ischemia to loss of bony segments of the maxilla following maxillary osteotomy for orthognathic surgery.

We excluded (i) systematic reviews and meta-analyses and (ii) letters to the editor or editorials. The authors had agreed in advance that in the case of two studies reporting the same case or population only a single study with the better design or more detailed presentation would be included.

Search strategy

Two independent researchers (E. N. Vitkos, N. E. Kounatidou) performed a systematic search of MEDLINE (via PubMed), Scopus and Cochrane Library with last search date: November 08, 2022, using the following algorithm ((maxill*) OR (jaw)) AND ((osteotomy) OR (orthognathic) OR (lefort)) AND ((avascular) OR (ischemic) OR (necrosis) OR (aseptic)). All the results were then extracted to Microsoft Excel® spreadsheet and the duplicate articles were identified. The same independent researchers performed title and abstract screening of the resulting articles and then assessed selected articles for eligibility through full text evaluation. In case of any disagreement between the two researchers, the senior author (AK) would be summoned to resolve it. A manual search to the references of all included articles was also performed to identify any other potentially eligible study [19].

Data extraction and tabulation

The first and the second author (E. N. Vitkos, N. E. Kounatidou) independently extracted the data of the included studies in a pre-designed standardized formula for evidence collection. All the potential disagreements were resolved by reaching consensus with the senior author (AK). The following data were extracted: (i) study characteristics (author, year, study design, total number of patients, total number of patients with AMN); (ii) patients' baseline characteristics (age, sex, possible predisposing factors, prior palatal surgery, type of intervention); (iii) type, extent, and management of the necrotized maxillary segment.

Data analysis and visualization

Data extracted from the individual studies were summarized and presented in the relevant tables. Due to the descriptive nature of the included studies in this systematic review no meta-analysis was feasible. Continuous variables are reported as means and standard deviations. Data visualization was performed using R 4.2.1, ggplot2 package.

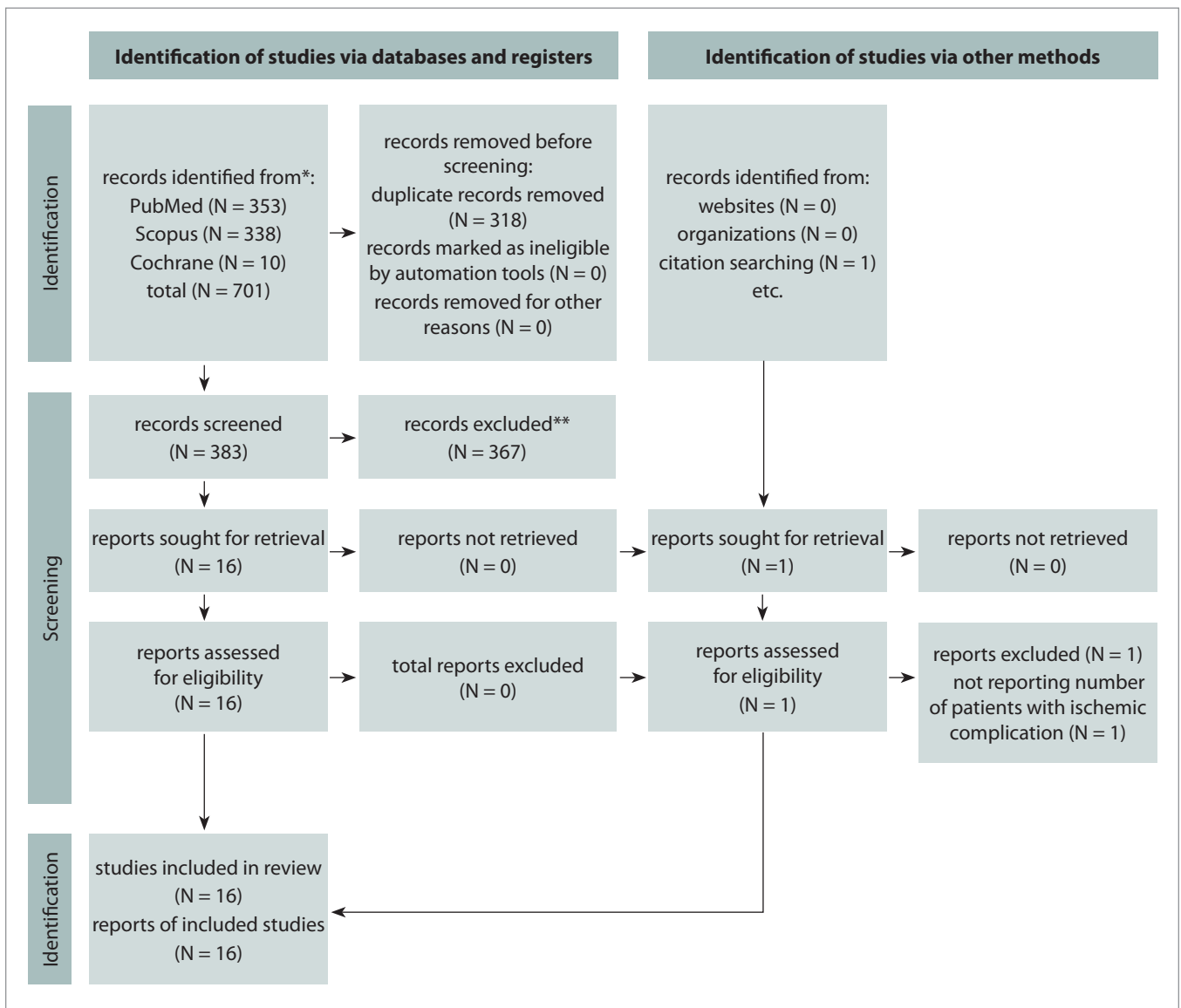
Results

Study selection and baseline characteristics

The systematic review of the literature retrieved a total of 701 articles. One additional study was identified through the manual search of the references of the retrieved articles, but it was rejected after full text evaluation. A total of 318 studies were identified as duplicates and therefore excluded from further investigation. Title and abstract screening were performed to the remaining 383 studies which deemed that 17 of them were eligible for full text evaluation. Through the manual search of the references of eligible studies one more study was retrieved but eventually excluded due to not reporting the number of patients with ischemic complication of the maxilla [20]. The study selection process is illustrated in the relevant PRISMA flow-chart (Scheme 1).

Study characteristics and patient demographics

Ultimately 16 studies met our inclusion criteria which report a total of 65 patients from 10 different countries suffering from AMN following maxillary orthognathic surgery [2,5,10,12,21–26,27–32]. We present the baseline characteristics of the included studies and patients in Tab. 1. Most of the studies included were case report 10/16 (62.5%) [5,21,24,25,27–32] one was a case series study [10] and five more were prospective or retrospective cohort studies [2,12,22,23,26]. All but one study were available in the English language [24]. Four studies were



Scheme 1. PRISMA flow-chart of study selection process [18,45].

originated from the USA [5,10,27,32], two studies from India [21,23], Australia [12,29], and UK [26,30], each and one study from Japan [25], Germany [2], Brazil [28], Singapore [31] and Spain [24], each.

Of the total 65 reported patients, 35 (53%) underwent multisegmented LF I osteotomies, 24 (37%) underwent one segment LF I, 3 (3%) underwent anterior maxillary osteotomy, 1 (1.3%) patient underwent hemi Le Fort I, 1 (1.3%) underwent hemi LFI / hemi LF 3 (3%), while for 1 (1.3%) of the patients the type of osteotomy was not reported. Of

the presented patients, 19 were males and 32 were females while the sex was not reported for 14 patients. A detailed presentation of the type of maxillary surgery, extent of necrosis, management of the necrosis and type of reconstructive method used is presented in Tab. 2. Bar plots visualizing the distribution of sex amongst patients, type of necrosis and type of osteotomies used are presented in Fig. 1, 2 and 3, respectively.

Quality assessment

Although case reports and case series are biased due to their design, standard-

ized tools to assess their methodological quality have been created for the systematic review of reported cases. In our study we used the modified Newcastle-Ottawa scale (NOS) introduced by Murad et al. [33]. This tool assesses selection, ascertainment, casualties and reporting by a series of 8 questions. We have intentionally removed questions number 4, 5 and 6, as they are not applicable to the type of outcome we assess. Based on a cumulative score of 5, the risk of bias of the studies were classified as "low risk", "medium risk" and "high risk" with scores 4-5, 2-3, 0-1 respec-

Tab. 1. Studies and patient characteristics.

Author	Year	Study design	Total of patients	Patients with AMN	Predisposing factor (AMN patients)	Prior maxillary surgery	Age	Sex
De Mol van Otterloo et al. [22]	1991	retrospective study	410	1	0	no		
Ettigner et al. [5]	2020	case report	1	1	0	no	20	F
Gunaseelan et al. [23]	2009	retrospective study	103	1	0	no		
Heggie et al. [12]	2021	retrospective study	207	5	5 cleft patients	primary cleft correction	18–23	5 M
Kato et al. [25]	2009	case report	1	1	0	no	25	F
Behnia et al. [21]	2009	case report	1	1	0	no	40	F
Kramer et al. [2]	2004	retrospective study	1,000	10	6 (major anatomical irregularities)	N/A		
Le et al. [32]	2022	case report	1	1	0	no	51	F
Moran et al. [26]	2018	retrospective study	79	1	1 cleft	primary cleft correction		
Parnes et al. [27]	1972	case report	1	1	0	no	13	M
Pereira et al. [27]	2010	case report	1	1	0	no	52	F
Singh et al. [27]	2008	case report	1	1	0	no	15	F
Teemul et al. [27]	2017	case report	1	1	sickle cell trait	no	45	F
Yeo et al. [31]	1989	case report	1	1	excessive torus palatinus	no	22	M
Hueto-Madrid et al. [27]	2012	case report	1	1	0	no	27	M
Lanigan et al. [10]	1990	case series	36	36	N = 1: bilateral cleft lip and palate N = 1: unilateral cleft lip and palate N = 1: Crouzon's Syndrome	N = 1: previous Caldwell Luc N = 2: primary cleft lip and palate correction N = 1: Le Fort 3 osteotomy (Crouzon's syndrome)	mean: 29.83 SD: 10.7	25 F 11 M

AMN – avascular maxillary necrosis, F – female, M – male, NA – not available, SD – standard deviation

tively. Nine studies were deemed as “low risk” for bias, six studies as “medium risk” and one study as “high risk”. The results are presented in Suppl. Tab. 1.

Discussion

With orthognathic surgery considered to be the standard of care for dentofacial discrepancies, the understanding of this potentially devastating complication is important. Maxillary avascular necrosis is amongst the rarest com-

plications when maxillary osteotomy is performed [4,24]. Although a rare event, it remains a morbid complication, as it can lead to complete loss of the maxilla to an otherwise healthy patient [5]. Therefore, numerous anatomical, laboratory and clinical studies have been carried out to investigate and understand the possible mechanisms and suggest ways to prevent and manage this complication. With this systematic review we aim to collect and present all the avail-

able evidence regarding AMN following maxillary osteotomy for orthognathic. Understanding the complexity of maxillary perfusion in association with the individualized patient characteristics and the type of maxillary osteotomy will provide practitioners with useful clinical insights and lead to better surgical outcomes.

The understanding of maxillary blood supply is essential for the safe conduction of a maxillary osteotomy in ortho-

Tab. 2. Type of maxillary surgery, extent of necrosis, management of the necrosis and type of reconstructive method per included study.

Author	Maxillary surgery	tissue type necrosis	Extend of necrosis	Management	HBOT	Reconstruction
De Mol van Otterloo et al. [22]	3 segment LFI	composite	necrosis of the buccal cortical bone of superior anterior segment	NA	no	NA
Ettigner et al. [5]	1 segment LFI	composite	total maxillary avascular necrosis	surgical debridement – reconstruction	33 sessions	osteocutaneous fibula free flap reconstruction / implants – prosthodontics
Gunaseelan et al. [23]		soft	partial mucosa necrosis at the osteotomy site	complete secondary healing	no	no reconstruction
Heggie et al. [12]	1: LFI – segmentalization (between right central incisor and canine) for expansion 2: LFI – segmentalization (between central incisors) for expansion 3, 4, 5: one segment LFI	N = 2 soft N = 3 composite	1: canine-canine involvement (bone exposure) 2: canine-central incisor (bone exposure) 3: premolars-canine (one side-bone exposure) 4: discoloration of anterior maxillary gingiva 5: canine-canine soft tissue necrosis	1: surgical debridement – reconstruction 2: secondary healing 3: secondary healing 4: secondary healing 5: minor debridement – reconstruction	N = 2: no N = 1: 1 week N = 1: 2 weeks N = 1: 3 days	1: grafting / implants – prosthodontics 2: regeneration with gingival recession / no surgery 3: gingival recession / no surgery 4: full mucosa regeneration 5: 1 tooth extracted / implant – prosthodontics reconstruction
Kato et al. [25]	one segment horseshoe type LFI	composite	first premolar-central incisor (one sided)	surgical debridement – 14–21 extractions – reconstruction	yes	Iliac crest flap reconstruction / implants – prosthodontics
Behnia et al. [21]	premaxillary osteotomy	composite	premolar- premolar maxilla and nasal bone loss	the patient presented with the defect	no	2-stage osteocutaneous fibula free flap reconstruction
Kramer et al. [2]	N = 8: one segment LFI N = 2: transverse maxilla segmentation	N = 8 soft N = 2 composite	N = 8: gingival retraction, N = 2: partial maxilla necrosis	NA	NA	NA
Le et al. [32]	one segment LFI (advance-ment)	N = 2 composite	near complete loss of maxilla	surgical debridement – reconstruction	7 days	osteokutaneous fibula free flap reconstruction / implants – prosthodontics
Moran et al. [26]	N = 2: one segment LFI	N = 2 composite	1: gingival necrosis / associated bony dehiscence, N = 1: single sided anterior maxilla necrosis	1: surgical debridement – reconstruction 2: surgical debridement – reconstruction	NA	1: soft tissue graft 2: iliac crest osteocutaneous flap / implants – prosthodontics

Tab. 2 – continuing. Type of maxillary surgery, extent of necrosis, management of the necrosis and type of reconstructive method per included study.

Author	Maxillary surgery	tissue type necrosis	Extend of necrosis	Management	HBOT	Reconstruction
Parnes et al. [27]	one segment LFI	composite	14–23 soft and hard tissue maxilla necrosis	surgical debridement	no	partial denture
Pereira et al. [28]	one segment LFI	soft	soft tissue ulceration affecting part of soft tissue in the anterior part of the maxilla	conservative treatment with HBOT	16 days	no surgery
Singh et al. [29]	one segment LFI	composite	part of the antero-lateral maxilla (one sided)	surgical debridement – reconstruction	NA	iliac crest graft, PRP, local soft tissue flaps / implants – prosthodontics
Teemul et al. [30]	LFI osteotomy + right posterior segment osteotomy	composite	right part of alveolar process 17–21, neighboring palate	NA	yes	NA
Yeo et al. [31]	one segment LFI	N = 2 composite	gum ischemia / diffuse gummy recession, necrosis in midline of palate (anatomic region of torus palatinus)	NA	NA	NA
Hueto-Madrid et al. [24]	one segment LFI	composite	soft and hard tissue necrosis including anterior part of the maxilla	surgical debridement – reconstruction	yes	iliac crest bone graft / implants – prosthodontics
Laningan et al. [10]	N = 4: one segment LFI N = 2: anterior maxillary osteotomy N = 1 hemi LFI N = 1 combined LFI-LF3 N = 28 multi-segmented LFI	N = 29 composite N = 3 soft tissue necrosis only N = 4 teeth necrosis only	This Study reports data from 36 patients with post orthognathic ischemic maxillary necrosis. The extent of necrosis varies from tooth only necrosis to composite necrosis of a large part of the maxilla. Regarding reconstructive methods, depending on the extent of necrosis, conservative treatment to flap reconstruction was implemented. It is reported that HBOT was implemented in 3 patients.			

HBOT – hyperbaric oxygen therapy, LF – Le Fort, LFI – Le Fort I, NA – not available, PRP – platelet-rich plasma

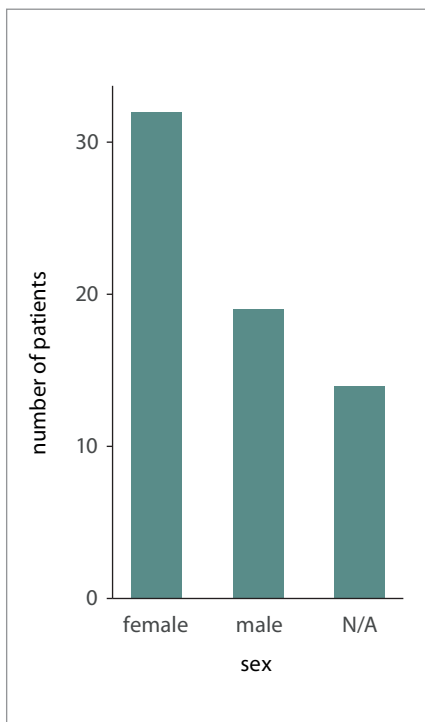


Fig. 1. Bar plot describing the sex distribution amongst patients suffering from avascular maxillary necrosis.
NA – not analyzed

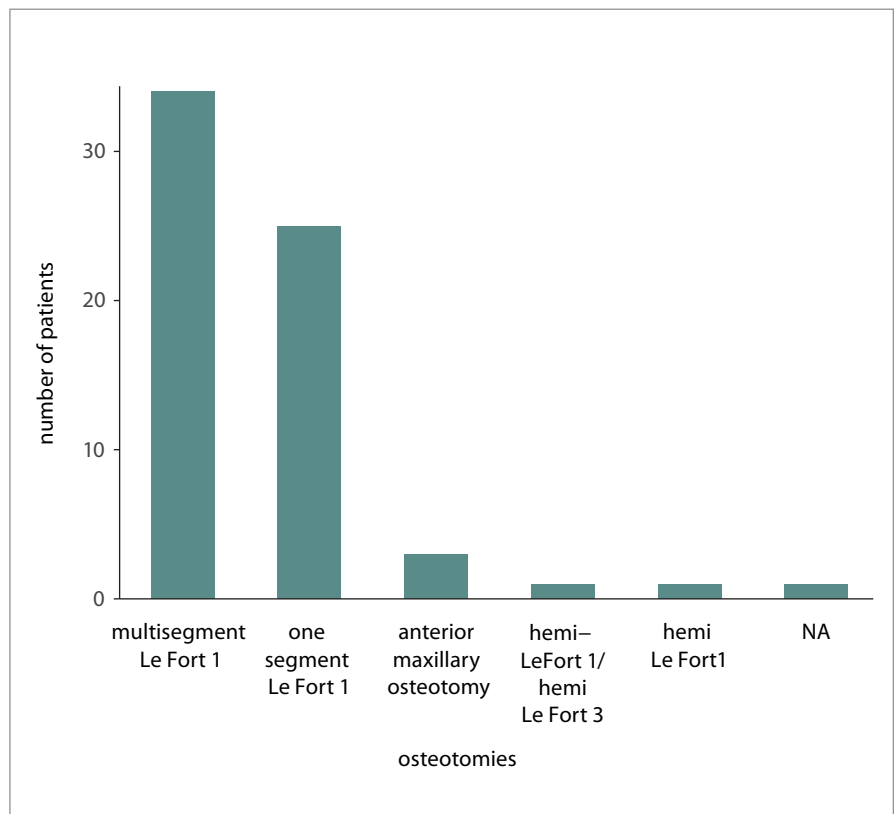


Fig. 2. Bar plot describing the osteotomy type used in patients suffering from avascular maxillary necrosis.

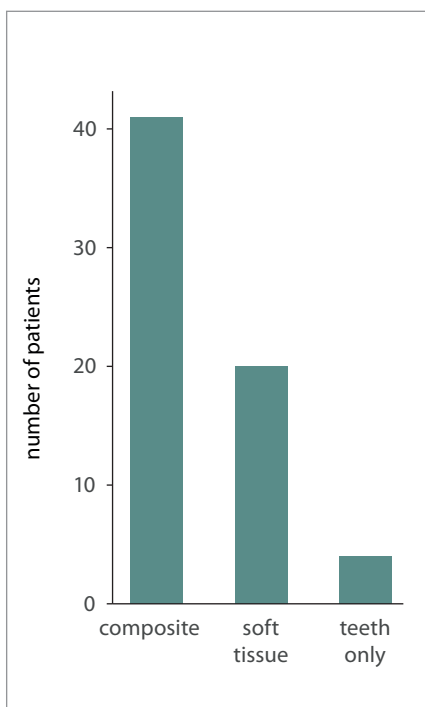


Fig. 3. Bar plot describing the extent of necrosis amongst patients suffering from avascular maxillary necrosis.

gnathic surgery although the optimal management of the vessels supplying the maxilla is not yet clear [32]. Siebert et al. in a cadaveric study have shown that the maxillary segment after Le Fort I osteotomy is mainly vascularized by the ascending palatine and ascending pharyngeal arteries [34]. They have also demonstrated a rich anastomotic network between those branches as well as the alveolar branches of the internal maxillary artery [34]. An additional cadaveric study performed by Bruneder et al. tried to associate the avascular necrosis complication with anatomical variances of the Le Fort I segment blood supply [11]. In their study two types of maxillary arterial blood supply are described [11]. The first one matches the one of the previous cadaveric studies of Siebert et al. However, Bruneder et al. identified and described the unilateral absence of the ascending palatine artery in some cadaveric specimens, with

the presence of a well-developed anterior branch of the ascending pharyngeal artery instead. This led them to suggest, that ischemic complications may be associated with the anatomic variations of blood vessels supplying the Le Fort I segment [11]. No research has managed to identify a threshold for sufficient residual blood supply to the osteotomized maxillary segment, that could prevent those complications [10].

Furthermore, the importance of the DPA in the blood supply of the Le Fort I segment is also highlighted by many studies [10,11,15]. The preservation of DPA is currently a point of conflict in the literature [10,15,28,35]. Some researchers advocate the preservation of those vessels whenever possible, as their contribution to the blood supply is considered to be significant [10,17,36]. It has been suggested, that the intraoperative ligation of those arteries could be the main cause of avascular maxil-

Suppl. Tab. 1. Quality assessment of included non-randomized studies using the modified Newcastle-Ottawa scale (NOS) by Murad et al. [33].

Author	Selection	Ascertainment		Casualty	Reporting	Total	Risk
	Q1	Q2	Q3	Q4	Q5		
De Mol van Otterloo et al. [22]	1	1	1	1	0	4	low
Ettinger et al. [5]	0	1	1	1	1	4	low
Gunaseelan et al. [23]	1	1	1	1	0	4	low
Heggie et al. [12]	1	1	1	1	1	5	low
Kato et al. [25]	0	1	1	1	1	4	low
Behnia et al. [21]	0	0	1	1	0	2	medium
Kramer et al. [2]	1	1	1	1	0	4	low
Le et al. [32]	0	1	1	1	1	4	low
Moran et al. [26]	1	1	0	1	0	3	medium
Parnes et al. [27]	0	1	1	1	0	3	medium
Pereira et al. [28]	0	1	1	1	1	4	low
Singh et al. [29]	0	0	1	1	0	2	medium
Teemul et al. [30]	0	1	1	1	0	3	medium
Yeo et al. [31]	0	1	1	1	0	3	medium
Hueto-Madrid et al. [24]	0	1	1	1	1	4	low
Lanigan et al. [10]	0	0	0	1	0	2	high

Q1: Does the patient(s) represent(s) the whole experience of the investigator (center) or is the selection method unclear to the extent that other patients with similar presentation may not have been reported?

Q2: Was the exposure adequately ascertained?

Q3: Was the outcome adequately ascertained?

Q4: Was follow-up long enough for outcomes to occur?

Q5: Is the case(s) described with sufficient details to allow other investigators to replicate the research or to allow practitioners make inferences related to their own practice?

lary necrosis [10,16,17]. DPA preservation has the theoretical benefit of maintaining a portion of the afferent blood supply [15]. In a randomized controlled trial, Dosdon et al. compared the outcomes after Le Fort I osteotomy in two groups of patients, one with ligated DPA and one with preserved [15]. They concluded there were no statistically significant differences in the incidence of avascular necrosis [15].

From a technical aspect the ligation of the DPA is considered to facilitate the operation, as the mobilization of the maxilla is performed easier [10, 15]. Furthermore, an unidentified laceration of the DPA can cause severe postoperative bleeding [15,16,37]. The ligation of DPA reduces the risk of postoperative bleed-

ing that not only can be a life-threatening complication but bleeding can also lead to hypotension and thus to hypoperfusion of the maxilla, which increases the risk of avascular necrosis [11,12,15]. However, the management of DPA is complicated by both anatomical and biological concerns. The damage to the DPA can also be indirect during maxillary mobilization and especially during high maxillary protrusion [10,11,28,29]. The application of bending forces can damage the endothelium of the DPA and therefore lead to thrombosis of the vessel. This could also undermine maxillary perfusion even though rupture of the vessel is not observed [11, 28, 38]. Furthermore intraoperative manipulation can affect the palatal pedicle that

significantly contributes to Le Fort I segment survival [37]. Specifically Epker et al suggest that the expansion of the maxilla for more than 3–5 mm, can risk avulsing part of the attached palatal pedicle and further undermine maxillary blood supply [37].

Another factor related to maxillary perfusion that has significant impact in the clinical application of orthognathic osteotomy are pre-existing maxillary anatomical variations. These include surgically corrected cleft lip and palate as well as other maxillary operations that induce the production of scar tissue in the healing process [2,10,12,26,28].

Regarding cleft patients, the congenital deformity, the alterations in blood supply of the maxilla due to surgical in-

terventions and the scarring of the palate compromise the perfusion of the Le Fort I segment making it potentially less viable in comparison to that of noncleft patients [12,26,37]. In an angiographic study performed by Drommer et al. on cleft patients, smaller greater palatine arteries were also identified [39]. This is another important consideration, when osteotomy is applied to this subset of patients, in order to prevent ischemic complications [39]. It was also suggested that the preservation of DPA in those patients might be of big importance in the viability of the Le Fort segment as the collateral arterial network with superior alveolar and supraorbital arteries, developed to compensate for inferior palatal perfusion can be interrupted with the osteotomy [10,12]. A minimal periosteal elevation, specifically in the patients with premaxilla segment is also recommended, given its importance in Le Fort I segment perfusion [40–42]. Heggie et al. have reported outcomes of 207 cleft patients undergoing maxillary osteotomy, 5 of those were complicated with maxillary avascular necrosis [12]. For this reason they suggested the “delayed maxillary flap” technique, namely a preliminary procedure to assist maxillary perfusion [12].

Patients requiring segmental maxillary osteotomy for the management of their deformity are generally more prone to AMN [10,22,35,37]. Bruneder et al. suggested that patients usually tolerate a sagittal maxillary osteotomy in the Le Fort I segment, while additional segmentation may lead to interruption of the collateral blood supply of the segments and, thus, to an increased risk of ischemic complications [11]. As the major blood supply of the Le Fort I segment comes from the palatine vessels the anterior segment is more prone to ischemia, as its palatal perfusion is inadequate after segmentation [21,37]. In these cases, the contribution of the attached mucosa to the maxillary segments is vital [10,30, 37]. Perforations of

the palatal mucosa and specifically horizontal tearing of the anterior part of the palatal mucosa undermine maxillary segments perfusion [10,22,37]. Thus, it is proposed that surgeons minimize the maxillary segmentation and care should be focused on preserving the soft tissue and periosteal attachment of the segments, when needed [10,22,37]. Specifically, Teemul and al. suggest segmental osteotomy to be in the paramedial site where bone and mucosa are thicker and, greater perfusion is provided to the additional segment [30].

While avascular maxillary necrosis can occur in healthy patients, some predisposing factors have been described [5]. Yeo et al. reported a case of a patient with extensive torus palatinus, suffering palatal perforation secondary to ischemia after Le Fort I osteotomy [31]. In the case of Teemul et al. a patient with sickle cell anemia trait suffered AMN after Le Fort I osteotomy and right posterior segmental osteotomy [30]. Previous maxillary operations may also be accounted for, as Lanigan et al. report a case of AMN in a patient with a Caldwell-Luc operation previously performed [10]. Finally, vertical posterior impactions of the maxilla, excessive soft tissue degloving, large maxillary advancement and other medical comorbidities have also been suggested to predispose to AMN [2,5,10,25,32].

The intraoperative assessment of the tissues in the Le Fort I segment has been suggested to be indicative of tissue ischemia [43]. Freihofner et al. recommended the monitoring of the mucosal color during operation and in the case of suspected ischemia they proposed the interruption of the operation and its completion a few weeks later for the improvement of the vascularization in the meantime. Alternatively, they suggested the application of elastic traction three days after the initial operation instead [43].

Regarding the management of the ischemic complications the applica-

tion of optimal oral hygiene in the area with frequent irrigation with saline is essential [10,28,37]. Optimally, treatment with hyperbaric oxygen therapy (HBOT) should start as early as possible as studies have shown that it can confine the extent of the necrosis [37,44]. It should be noted though that HBOT cannot reverse the existing damage to maxillary tissues [12,44]. The administration of antibiotics should be considered to prevent secondary infection of the necrotized maxilla [10,12,28,37]. Surgical debridement with removal of the necrotic tissue, helps to speed up the healing process [10]. Regarding the secondary reconstruction of the defect the different authors used different kinds of techniques depending on the extent of the necrosis and the technical capabilities of their department at the time. Notably, Ettinger et al. in their case with total maxillary necrosis, used osteocutaneous fibula free flap reconstruction followed by dental implants and prosthodontics [5]. The same free flap was also used by Le et al. and Behnia et al. in their reported cases [21,32]. Bone grafting with iliac crest graft was also used in several patients [24–26,29]. Finally, in most of the cases, reconstruction with dental implants and prosthodontics was used after tissue healing as shown in Tab. 2.

Conclusion

Despite the advances in understanding maxillary perfusion after orthognathic surgery, avascular maxillary necrosis is still a complication seen in everyday practice. Great care should be taken by clinical practitioners when treating patients with previously performed maxillary surgery and specifically patients with surgically corrected cleft lip and palate. Furthermore, segmentation of the maxilla should be used, only when absolutely necessary, with care in order to preserve the vital tissues for the vascularization of the segments. Other systemic comorbidities should also be con-

sidered. Finally, in the case of AMN the management should be fast and secondary reconstruction depending on the extent of necrosis should be applied.

Limitations: A retrospective review of the reported cases has limitations. Not all the information needed was available in each case. The management of the DPA is not reported in most cases. Most authors do not report the protocol they used for antibiotics and fluid administration in AMN treatment. Finally, this complication may also be underreported as small marginal soft tissue necrosis might not be recorded by many surgeons.

Competing interests: The participating authors declare no competing interests.

Roles of authors

Conception and design – E. N. Vitkos; data collection – E. N. Vitkos, N. E. Kounatidou; data visualization – E. N. Vitkos; writing the article – E. N. Vitkos, N. E. Kounatidou, A. Kyrgidis; critical revision of the article – E. N. Vitkos, N. E. Kounatidou, K. Agoropoulos, A. Kyrgidis, final approval of the article – E. N. Vitkos, N. E. Kounatidou, K. Agoropoulos, overall responsibility – E. N. Vitkos.

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